

## GENERAL INFORMATION

Please read before completing the Registration Form

### REGISTRATION FEES

Individuals	£10 non-refundable Registration
Teams	£10 per person non-refundable Registration

### Sponsorship

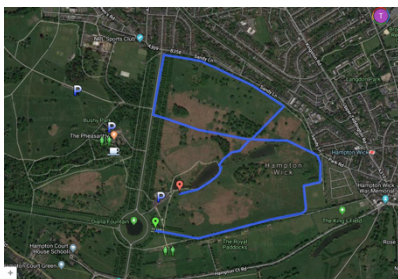
Individuals	Suggested sponsorship/donation of £100
Teams	Suggested sponsorship/donation of £200

As this is a fundraising event for The Clubhouse Project Charity, all sponsorship money should be paid by the participant or sponsor to The Clubhouse Project.

### START TIME

**Bushy Park 5K run for The Clubhouse Project** will commence at **09:00hrs** on **Sunday 20 March** and will finish circa **10:30 hrs**. Times are of course dependent on speed/fitness, but the more important goal is to have fun whilst supporting a very good cause.

### RUN ROUTE



The course is 5000m (5K) long. The course is in Bushy Park, Teddington, and run on a variety of surfaces, including grass and paths. Some sections of the course may accumulate mud, leaves and puddles after rain.

Depending on availability, marshals will be at key sections of the course, or signs will be in place. Please remember that the parkrun uses shared paths. For the continued success of this event, please give way to other park users

### DISCLAIMER

This even is organised in aid of The Clubhouse Project Charity. Participants take part on the understanding that they enter at their own risk and that the organisers will not be liable for any injury or loss that may occur as a result of their participation. Participants also agree that medical advice will be sought from a General Practitioner if they are in any doubt as to their physical ability to participate in the event. Participants also agree that photographs and videos taken during the event may be used to publicise the event and the work of the charity in general. Participants' data will be treated with the utmost respect and organisers will never sell or swap participants' details with any third party. The proceeds from the event will be donated to The Clubhouse Project.