TCP Newsletter

THE CLUBHOUSE PROJECT

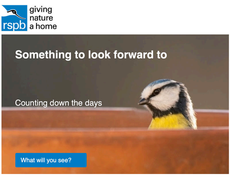
Dear Parents, Carers and TCP family

I hope everything is well with you all. It was lovely to speak with many of you this week. Please remember that if you need someone to talk to I am available on the usual numbers.

RSPB - Big Garden Birdwatch

Next week I will be travelling around to drop off a bird box and paint to you. I will be leaving them in a bag on your doorstep and they are in preparation for the ***Big Garden Birdwatch***! Friday 29 - Sunday 31 January. I hope you enjoy decorating them and taking part in the Birdwatch and if you could send any photos of the birds or wildlife you see over the weekend that would be great.

giving nature a home



Lockdown information

Please find below some links regarding Lockdown and the upcoming vaccinations which I hope you find useful.

- Important advice for clinically extremely vulnerable people (Easy read)
- Covid-19 vaccines and learning disability groups

Down on the Allotment

Please see below a copy of an article written which appeared in the Churchfield Allotments Newsletter. It outlines the importance of horticulture to the adults of TCP.

What the allotments mean to us — The Clubhouse Project

This is the first in an occasional series of articles in which plot-holders tell us what their plot and Churchfield Allotments mean to them.

Founded in 2015, The Clubhouse Project runs its Life Skills Day Service for young adults with learning disabilities living in Surrey and the surrounding areas.

The Clubhouse Project Day Service provides individual, person-centred support to young adults with students in severe learning disabilities. Its variety of in-house and community based activities are designed and tailored to maximising personal choice and promoting independence in a kind and caring environment.

The Clubhouse Project Day Service have been plot holders at the Churchfield Allotment since 2018 and now. Our plots have expanded just as the project and its clients have over the years.

The space is very important to everyone who accesses it, no matter what their disability. We grow a range of fruit, vegetables and flowers which are then harvested and used for our consumption in our kitchen at the life skills sessions.

Working the plot year-round means our adults experience the seasons, witness the behaviour of birds, insects and other animals along with the eco-system. Planting a seed, watering and nurturing it, watching it big & and then seeing it on a plate, brings a great sense of pride and achievement.

Our raised beds provide the opportunity for individuals to take on their own plot and welcomes some independence for them. The beds also help those with mobility issues and others who just want to spend some time in the air. All our adults take great pride in their work and many have gained confidence and developed skills as a result. There is a great sense of camaraderie on the allotment and we would like to thank the other plot holders for generously donating seeds and plants to us.

Lisa Littlewood

If you have something you would like to share in the next newsletter, please email: info@weybridgeallotments.org.uk

AGM

Apologies that we cannot give you notice at this stage about the timing of our next AGM. We want as many plot-holders as possible to attend and have been waiting for a relaxation of the Covid-19 restrictions. We would also like to agree a new deal with WLC ahead of an AGM, though we are aware we can call a separate Special General Meeting for that purpose. Our understanding is that, constitutionally, we need to call an AGM by October of this year. We should be able to meet that deadline but will call a meeting earlier, if humanly possible.

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What you have been up to this week

Andrew working on his sewing skills...

A great result

Alex baking cookies

Sarah enjoying her pamper session.

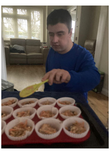
Billy's daily walk to see the trains

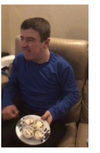
Rosie's flower garden and crafts

Emma enjoying a baking session in her new apron.

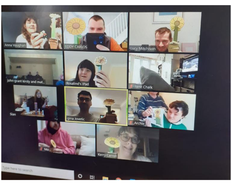
Alex at the basketball court today - 9767 steps later!!

Sian with her garden and craft flowers





Billy enjoying the baking session.



Sunflower craft on Zoom

Please note that you don't need a password to join a Zoom session and that as long as you click the link you can access the meeting.

Keep safe and best wishes
Lisa

Talia's Garden

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