

Dear Parents & Carers and TCP Family,

A warm welcome back to TCP's monthly newsletter. I can't believe that September is now over and we have been back in operation for 5 weeks!

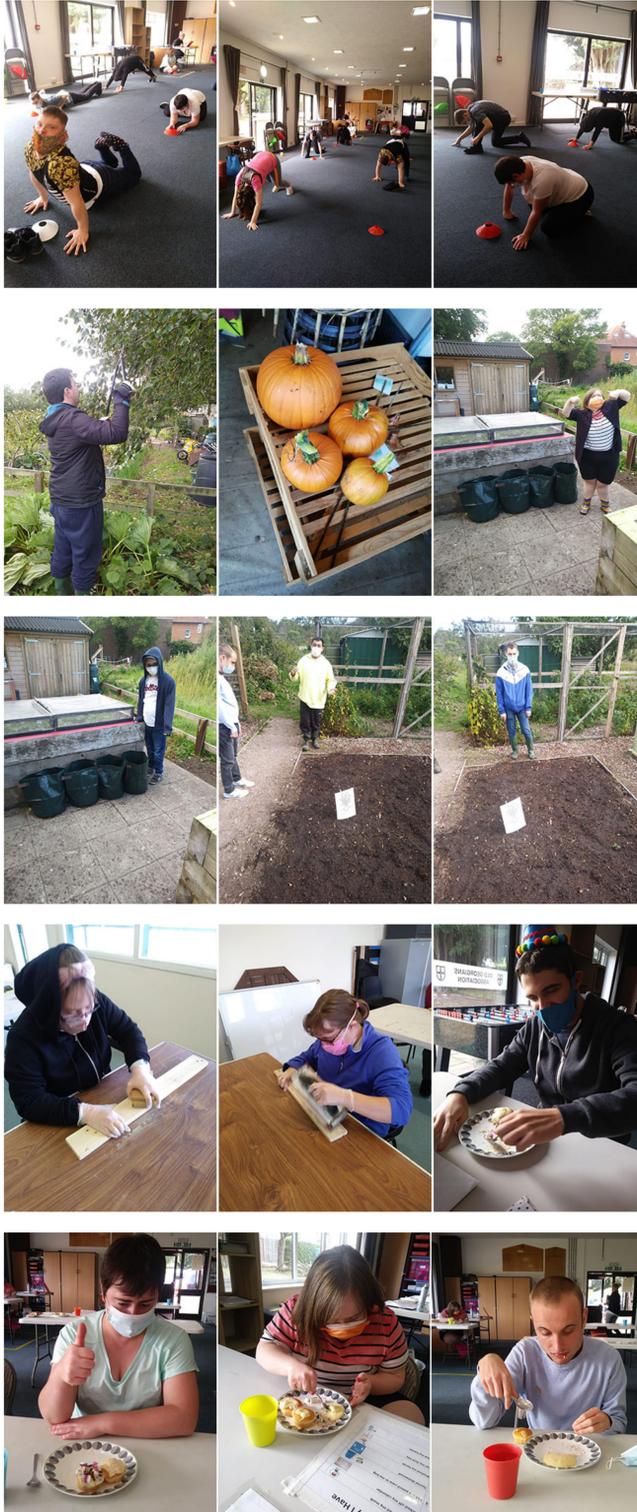
Thank you to all the parents who have been following TCP's risk assessment guidelines set up to keep everyone as safe as is possible. It is so important to stay vigilant though and not let our guard down as we move into the colder months. I have been continually reviewing our practices to ensure they are working and are in line with Public Health England's guidelines.

The drop off and pick up seems to be working very well. There is no lingering on the premises and people appear to have enough space to drop off or collect their son or daughter safely because of the staggered times. Please try to keep to your allotted time as this is helping to spread out the numbers of people in total in the car park.

Parents

This week you will be receiving a one page overview of your son or daughter's first month back at TCP. As always, please be reassured that we will contact you if there is anything we feel we need to discuss with you.

I hope you enjoy the photos below which showcase some of the activities that we have been enjoying over the last few weeks.



Keeping Warm!

Please can you make sure that your son or daughter has a cardigan or sweatshirt available to them each day. To increase ventilation, windows are open for the majority of the time so our rooms are cooler than usual. You may wish to add a vest, T-shirt or base layer under their clothing as the weather gets colder. Of course, we will be monitoring the temperature of the rooms carefully and windows will be closed if the temperature gets too cold.

Our clients receiving their certificates for their brilliant social distancing, mask wearing and sanitising of hands.



What to do in the event of illness

Just a reminder that if you phone the TCP office with regards to your son or daughter being ill, we will ask what symptoms they are presenting with. If symptoms are on the Covid list we will be asking you to seek medical advice (111) as to whether they need a Covid test. If your son or daughter becomes ill at TCP we will isolate them from their peers **(and ask you to collect them within 1 hour - they cannot go home in a taxi)**. Whilst you are awaiting this advice and/or testing, we ask that your son or daughter remain at home. We would appreciate being told about the results ASAP, as a positive test means that we will be seeking advice from Public Health England and potentially closing a bubble group.

Please continue to follow our Contingency Plan which is downloadable on our website:

- [Covid-19 Contingency Plan - Sept 2020](#)

In the case of a bubble closure or a local lockdown, TCP on-line zoom sessions will commence and be available for you to access. A list of the timings along with the daily sessions will be sent home with your son or daughter and the zoom links will be emailed to you. There will also be activity packs sent home and these will include items for the sessions and worksheets to help keep your son or daughter entertained whilst away from the project.

Quiz!

Usually at this time of the year I am well on the way to putting together our groups for our annual Quiz Night. As we know this won't be possible this year, but it would be good to know if a virtual quiz is something that you would like to participate in.

Please could you let me know by Friday 9th October.

Please email lisa@theclubhouseproject.org

Dates for your diary:

- Christmas Closing Date: Friday 18th December
- Reopening: Monday 4th January

As the weather is turning colder, please find below a couple of recipes that may help to warm you up.

Hedgehog Rolls

Try the art of breadmaking with this fun and easy starter recipe. These mini hedgehog rolls are the cutest bake you'll ever make!

[Get the recipe...](#)



Lentil Soup

Enjoy this filling veggie soup with red lentils, carrots and leeks. It's low in calories and fat and delivers three of your 5-a-day.

[Get the recipe...](#)



Please remember that the TCP family is here for you, so let's move forward into the new norm by continuing to work and support each other.

Stay safe.

Best wishes

Lisa