

## Updates for the week of the 24 January

### COVID-19 Update/Changes

The Government has announced that the measures put in place under plan B in England will be lifted. You should continue to follow safer behaviours to protect yourself and others:

- [Get vaccinated](#) and get your [booster dose](#)
- Wear a face covering in most indoor public places and on public transport
- Let fresh air in if you meet indoors. Meeting outdoors is safer
- [Get tested](#) and self-isolate if required

For more information please visit the [Government website](#).

### Hospital liaison extended weekend pilot

As specialist learning disability liaison nurses, they provide advice and support for people with learning disabilities who are in contact with acute hospital services in the West and East of Surrey as well as to their families, carers, and hospital staff. This out of hours pilot weekend service is in addition to their usual working hours. Please see attached the details of how to contact them to make a referral.

### GDPR

If you haven't already, please fill out our [Surrey Says Survey](#) around GDPR and remaining on our mailing lists. This is a reminder that you will need to complete this survey by the **end of January 2022**.

If we haven't heard back from you by the **31<sup>st</sup> January** we will have to assume that you no longer wish to be on our distribution lists and will therefore remove you from our database.

**Please note** that, Imogen and I are here to support you with this survey, if you have any queries or would like to go through the survey via telephone/face to face meeting, we are happy to coordinate this and go through this with you.

### Primary Care Update – Annual Health Checks

Annual Health Checks are being paused at the moment to allow GPs/primary care staff to focus on vaccination efforts etc.

However, if a service users annual health check is cancelled or postponed and you are particularly worried about their health please ensure you are still contacting their GP for a face to face appt. If this proves challenging, please contact your local Primary Care Liaison Nurse for support.

### Surrey Carers and Providers Event

The Surrey Joint Carers Programme Team are organising the next Surrey Carers and Providers Event on **Thursday 24 February, 2:00pm-4:00pm**.

The event is focusing on Improving the Hospital Discharge experience for Carers. There will be a number of keynote speakers attending and presenting including Emily Holzhausen from Carers UK and Sue Younger-Ross from the Joint Carers Team in Devon.

If anyone is interested in attending, could they please contact: [kim.waters@nhs.net](mailto:kim.waters@nhs.net)

### Cold Weather Alert Level 2: Yellow - Alert and readiness

[Cold Weather Alert on the Met office website](#) states:

**‘There is a 70% probability of severe cold weather between 1800 on Wednesday 19 Jan and 0900 on Sunday 23 Jan** in parts of England. This weather could increase the health risks to vulnerable patients and disrupt the delivery of services. Please refer to the national Cold Weather Plan and your Trust's emergency plan for appropriate preventive action.’

### Surbiton Hockey Club

Please see attached a flyer for Surbiton Hockey Club, this club is held every Friday 10am – 11am. Registration is online with a £5.50 payment taken on the day. This includes the session and a free coffee and cake after the session.

### **South West Valuing People Group**

Please see attached onto this email the Agenda and Zoom information for the South West Valuing People Group, due to take place via Zoom on Thursday 27 January at 10:30am.

Zoom Information:

#### **Join Zoom Meeting:**

<https://zoom.us/j/97175352428?pwd=Ym9xRWNVWFd6azg2dTFYQXFSSWpRUT09>

If you would like to join the South West Valuing People Group Meeting, please email: [ldcommunications@surreycc.gov.uk](mailto:ldcommunications@surreycc.gov.uk)

### **News or Information**

Just a reminder to make sure everyone is being safe and remember please, continue to keep your distance from others, wear face coverings, wash your hands – and remember, socialising outside is much safer than indoors.

Please send us any news or information that you would like to share and that would be beneficial to others. We will add it to our weekly updates. We love to hear from you.

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