

Morning

Day	Time	Activity	Staff leading session
MONDAY	10.30	Karate	Pamela
TUESDAY	10.30	Zumba	Lisa B
WEDNESDAY	10.30	Craft	Eddy
	11.30	Escape Room	Eddy
THURSDAY	10.30	Allotment	Angie
FRIDAY	10.30	Easy Keep fit	Pamela

Afternoon

Day	Time	Activity	Staff leading session
MONDAY	14.00	Round The World	Eddy
	15.00	General Knowledge Quiz	Eddy
TUESDAY	13.00	Music	Lisa A
	15.00	Bingo	Lisa A
WEDNESDAY	15.00	Baking	Angie
THURSDAY	14.00	Thursday Tales	Lisa A
	15.00	French	Lisa A
FRIDAY	15.00	Shake up	Lisa B